Selby Health Matters: Health Action Plan April 2018 – March 2021

Year 1: April 2018 – March 2019			Year 2: April 2019 – March 2020				Year 3: April 2020 – March 2021			
April - July -	October -	January -	April -	July -	October -	January -	April -	July -	October -	January
June September	December	March	June	September	December	March	June	September	December	- March
Support residents to adapt their homes to enable independent living.										
Work with the Selby Healthy Weight, Healthy Lives subgroup to tackle obesity across the district.										
Include safety in parks, country sides and nature areas in Community Safety Local Delivery plans.										
			Night time e	economy campaign	s to promote safer	, vibrant experie	nces.			$ \longrightarrow $
Provide and promote family friendly events that enable opportunities for active play.										
Establish response to mental health and social isolation issues in the district through open space initiatives.										
Support businesses and workplaces to improve the health and wellbeing of employees through the Workplace Wellbeing Charter.										
Understand how companies are aligning their social impact offer to local projects and skills development initiatives.										
Review S123 list (Community Infrastructure Levy) and S106 agreements to include effective health and community planning.										
Garner closer relationships between Planning and Public Health.										
Pilot a healthy school zones scheme.										
Scope the parameters for active travel planning between county and district councils.										
		Scope the para	meters for act	ive traver planning	between county a		115.			
Review the Community Engagement Forums to raise awareness of health issues.								paign		
Establish the Selby Mental Health Forum.										
Expand the Big Aspirations Programme with Selby Big Local. Establish high quality training and resources for our volunteer network.										
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Develop a communications plan to promote Selby Health Matters work.										
Establish locally agreed understanding of social prescribing in Selby District.										
Engage with SHIEL	LD to work on colla	borative health in	nitiatives.		·					\implies
Develop a Third Sector Leaders n	etwork to strengt	hen local commun	ity and volun	ary sector health c	offer.					•
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APPENDIX B